

ESPAÑOL

ENGLISH

FRANÇAIS

agitar	to stir	remuer
agregar	to add	ajouter
amasar	to knead	pétrir
asar	to roast	rôtir
asar a la parrilla	to grill	griller
batir	to beat, to whip	fouetter
calentar	to heat up	chauffer
cocer al vapor	to steam	faire cuire à la vapeur
cocinar	to cook	cuisiner
colar	to strain	filtrer
comer	to eat	manger
congelar	to freeze	congeler
contener	to contain	contenir
cortar	to cut	couper
crecer	to grow	faire pousser
cubrir	to cover	couvrir
dar la vuelta	to flip	retourner
degustar	to taste	goûter
dejar	to leave	laisser
descongelar	to defrost	décongeler
doblar	to fold	plier
dorar	to brown	faire dorer
enfriar	to cool	refroidir
engrasar	to grease	graisser
escurrir	to drain	égoutter
espolvorear	to sprinkle	saupoudrer
estar a dieta	to be on a diet	faire du régime
exprimir	to squeeze	presser
freír	to fry	faire frire
fundir	to melt	fondre
guisar	to braise	braiser
hervir	to boil	faire bouillir
hornear	to bake	enfourner
lavar	to wash	laver
llenar	to fill	remplir

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medir	to measure	mesurer
mezclar	to mix	mélanger
mojar	to dip	tremper
moler	to grind	moudre
pedir	to ask for	demander
pegarse	to stick to	se coller
pelar	to peel	peeler, éplucher
picar	to dice	hacher
poner la mesa	to set the table	mettre la table
preparar	to prepare	préparer
probar	to try, sample	gouter
quemar	to burn	brûler
rallar	to grate	râper
rebanar	to slice	trancher
rellenar	to stuff	farcir
poner a remojo	to soak	faire tremper
retirar	to remove	retirer
revolver	to stir	remuer
salar	to salt	saler
secar	to dry	sécher
separar	to separate	séparer
saltear	sauté	sauter
sazonar	to season	assaisonner
tamizar	to sift	tamiser
tapar	to cover	couvrir
tostar	to toast	faire griller
untar	to spread	tartiner
verter	to pour	verser